



November 2008 Bits of News

Creating Powerful Families through Parent Support

Angelica Zepeda attends training for La Casa!



"I learned a lot! In the first nine weeks, Powerful Families will teach women how to open a bank account, build credit, get a loan and how to create a family budget. The second nine weeks will be learning Parent Advocacy, how to create a closer family and then teach other families to do the same."

Classes will begin in January. Project partners: Dept. of Early Learning (DEL), Casey Family Services and Ready by Five.

Yakima Interfaith Coalition now at the "107 House"
Partner in Housing First Program

*Goal : identify and obtain housing for 40 homeless individuals
and support them during their transition from the street.*

In collaboration with the Homeless Network of Yakima County, we are seeking donations of furniture, small household appliances, dishes, bedding, towels, and disposable items such as toilet paper, paper towels, cleaning supplies, personal hygiene items like shampoo, shaving cream, toothpaste. Imagine living without such items, now, organize a short term project for your office, church or service club!

Contact Kent 249-6232, kent@lacasaohogar.org.

Español Rápido!® Coming to La Casa Hogar

Dec 8th - 12th, 2008 from 8:30am-4:30pm daily

Learn Spanish the "easy way", It's fun and creative!

- What:** Intensive Spanish Immersion Classes (*beginner level*)
Where: La Casa Hogar, 106 So. 6th Street
Cost: \$650.00 per person, company discount for groups of 3 or more.

La Casa women will provide delicious lunch daily and share their experiences.
E-mail today to reserve your place - space is limited.

spanishclasses@lacasaohogar.org or call Nora @ 457-5058

If you would like to talk with previous participants about their experience, let us know.

The Memorial Foundation & Community Health
brings Tomando Control to La Casa Hogar
Twenty-six Women are Taking Control of their Health

Tomando Control teaches people to discover their own abilities and capabilities for self-management and have the potential to improve the lives of people living with chronic illness while reducing emergency room use. In this *chronic disease self-management program*, developed by the department of medicine at Stanford University and has national and international recognition. Thank you Memorial Foundation for sharing this excellent program with us.

MARK YOUR CALENDAR

- November 15:** **HEALTH LITERACY**, Yakima Neighborhood Health Services event, Southeast Community Center 11:00 am-2:00 pm
- November 26:** Thanksgiving Dinner for La Casa participants
- December 5:** Recognitions & Celebrations (Fall trimester ends.)
- December 6 & 7:** **Spirit of Christmas** - First Presbyterian Church, 9:00 am-2:00 pm
- December 8-12:** **Español Rápido** -Monday-Friday, 8:30 am - 4:30 pm
A great opportunity to learn beginning Spanish quickly!
- December 9:** **GILBERT CELLARS**, Stop by beginning at 5:30
ENJOY GREAT WINE & SUPPORT LA CASA HOGAR
- December 9 &10:** Sesame Street Live (Thank you Ken Messer & KYVE)
- December 12:** Fiesta de Virgin de Guadalupe, 10:00 am, La Casa Hogar
- December 18-21:** **LA PASTORELA**, a DXM community theatre presentation

Thank You!!

[United Christian Church of Yakima](#) raised over \$2100 and won the Golden Shoe Award contributing to \$5500 raised by CROP Walk. Thank you [David Helseth, Pastor Englewood Christian Church](#) for provided leadership organizing a great success.

[Yakima Valley Regional Library](#) for their support in the Big Read discussion group.

[Nineteen La Casa Women](#) shared their stories in the Writers Workshop!

[Wesley United Methodist Church](#) for Thanksgiving baskets for families!

[Zonta International](#) provides Hispanic Women's Conference and skills training.

[US Bancorp](#) for operations to further our mission.

Remembering Helen

Every day we are blessed with her spirit by our home & her beautiful dining room table and chairs.

